



















# SEPTEMBER Activities



Monday	Tuesday	Wednesday	Thursday	Friday
30	31	01	02	03
	<b>Kicking off Grandparent month Bring Your Grand Child w/you For Fun Activities</b>	 Chi Fung: 7:30 - 8am Sai-Taw 8:15-8:45am BingoCize 10-11:00am Crafting 12:30-3pm <b>Games w/ Grandparents Go Fish 1pm-4pm</b>	 Mindfulness w/Kadie 7:30-8:15am Exercise 10-11:00am Bingo w/Leonard 12:30pm Jenga 2-5:00	Computer Assistance Drop in w/Joe 10-11:00am ZOOMBA 10-11:00am Sewing/Knitting 12:30-3pm <b>Gardening with Grandkids 1-1:30pm Herb Gardens</b>
06	07	08	09	10
<b>CLOSED</b> 	Exercise w/ Debbie & Jenny 10-11:00am Virtual History Scandinavia 1-2pm Photography with Gloria 12:30	 8:30-1pm PAN SCAN Survey Chi Fung: 7:30 - 8am Sai-Taw 8:15-8:45am BingoCize 10-11:00am Birthday 50/50 Crafting 12:30-3pm	 8:30-1pm PAN SCAN Survey Mindfulness w/Kadie 7:30-8:15am Exercise 10-11:00am Bingo w/Leonard 12:30pm	Computer Assistance Drop in w/Joe 10-11:00am ZOOMBA 10-11:00am Sewing/Knitting 12:30-3pm <b>Grandparents BingoCize 1-2pm Cooking Scandinavia with Chef 4:15-5:15pm</b>
13	14	15	16	17
 Steppin' Seniors Walking Grp 9-10am BingoCize 10-11:00am <b>Grandparent Photo Booth 10am to 4pm</b> Book Talk 1pm Scrabble 1:30-4pm	Exercise w/ Debbie & Jenny 10-11:00am Virtual History Scandinavia 1-2pm Volunteer Meeting 1:30pm <b>NV Legal Services 9-2pm</b>	 Chi Fung: 7:30 - 8am Sai-Taw 8:15-8:45am Steppin' Seniors Walking Grp 9-10am BingoCize 10-11:00am	 Mindfulness w/Kadie 7:30-8:15am Exercise 10-11:00am Bingo w/Leonard 12:30pm	Computer Assistance Drop in w/Joe 10-11:00am ZOOMBA 10-11:00am Sewing/Knitting 12:30-3pm <b>Cooking Matters Grandkids Crafting Picture Frames with Grandkids 1-3pm</b>
20	21	22	23	24
 Steppin' Seniors Walking Grp 9-10am BingoCize 10-11:00am Book Talk 1pm Scrabble 1:30-4pm Cooking Scandinavia with Chef Chase 4:15-5:15pm	Exercise w/ Debbie & Jenny 10-11:00am <b>The History of Grandparents day 1-2pm</b> Photography with Gloria 12:30	 Steppin' Seniors Grp 9-10am Chi Fung: 7:30 - 8am Sai-Taw 8:15-8:45am BingoCize 10-11:00am Crafting 12:30-3pm Rummy 2-5:00	 Mindfulness w/Kadie 7:30-8:15am Exercise 10-11:00am Bingo w/Leonard 12:30pm UNO 1-4pm	Steppin' Seniors Grp 9-10am Computer Assistance Drop in w/Joe 10-11:00am ZOOMBA 10-11:00am Sewing/Knitting 12:30-3pm <b>Grandparents BingoCize 1-2pm</b>
27	28	29	30	01
 Steppin' Seniors Walking Grp 9-10am BingoCize 10-11:00am Book Talk 1pm Scrabble 1:30-4pm	Exercise w/ Debbie & Jenny 10-11:00am Virtual History Scandinavia 1-2pm Rummy 2-5:00pm	 Chi Fung: 7:30 - 8am Sai-Taw 8:15-8:45am Steppin' Seniors Walking Grp 9-10am BingoCize 10-11:00am Crafting 12:30-3pm <b>Grandparents Dance 3-6pm</b>	 Mindfulness w/Kadie 7:30-8:15am Exercise 10-11:00am Bingo w/Leonard 12:30pm Jenga 2-5:00	
 Access to Healthcare Network Mondays, 10-3pm	 Health Department Blood Pressure, Vaccinatos, general medical concerns 10-4:30pm	Produce on Wheels 2nd Thursday of each month, 		 Commodities the 4th Thursday of each month