



CHILDREN'S TRUST
OF ALACHUA COUNTY

Alachua County Health Promotion and Wellness Coalition, Inc.

Request Date:	5/4/2026
Requesting Organization:	Alachua County HPW Coalition
Contact Name:	LaShay Johnson
Event Name:	Mental Health Calming Room
Event Date:	
Event Summary:	The proposed project is the implementation of a Mental Health Calming Room through the Alachua County Health Promotion and Wellness Coalition. The purpose of this program is to provide youth with a structured, supervised, multi-sensory environment designed to reduce stress, improve emotional regulation, and prevent negative outcomes such as behavioral escalation and substance abuse.
Number of Attendees:	150 students served per month
Expenses Summary:	Rooms will include student-friendly furniture and materials including evidence-based, multi-sensory calming tools (i.e. weighted blankets, sensory lighting, white noise, tactile objects, aromatherapy). Additionally, funds will be used to provide activities that support social emotional learning and behavioral interventions.
Requested Amount:	\$2400
Notes/Comments:	
Approved Amount:	\$2400
Authorized By:	