



Item:

Pace Alachua Reach Program - Therapeutic Mental Health Therapy for Adolescent Girls Program (Kristy Goldwire)

Requested Action:

The Trust is asked to receive the information

Background:

In an effort to assist the Board to learn more about CTAC-funded programs and their work in the community, the staff will be inviting contracted agencies to provide brief overviews of their program. This month, staff has asked Pace Center for Girls to present to the Board.

Pace Center for Girls has transformed the lives of girls and young women for more than thirty-five years. Founded in 1985 with ten girls at one Center in Jacksonville, Florida, Pace has successfully grown to annually serve more than 3,000 girls in 22 locations in Florida and Georgia.

Pace Center for Girls Alachua, located in Gainesville, Florida, was opened in 1998. Since that time, Pace Alachua has served over 1,500 girls by providing holistic social, academic, and career-building services to girls in need in Gainesville and the surrounding area.

Pace Alachua implemented the Reach program in 2020. The Reach program serves girls, ages 11-17, who exhibit risk factors in 3 of five domains (school, family, health, behavior and victimization). The goal of the program is to prevent school dropout, school and community violence, and juvenile justice system involvement, and increase pro-social coping skills and communication. The program fosters changes in behavior that lead to more student time in school through healthy relationships, increased ability to minimize peer and family conflict, and increased self-esteem. Youth participating in the Reach program are expected to experience decreased mental health risks, no involvement with the juvenile justice system, improved peer and family relationships, improved social skills and engage in positive activities.

The Reach program is in its second year of Trust funding, receiving a \$75,000.00 award via the CTAC Continuation Funding RFP.

Attachments:

Pace Alachua Reach Program PowerPoint Presentation
Pace Alachua Reach Program FY22 Performance Measures

Programmatic Impact:

GOAL 1: All children are born healthy and remain healthy
Strategy 1.2 Support mental health and substance abuse prevention

Fiscal Impact:

NA

Recommendation:

Receive the information