



Item:

Newborn RN Home Visiting Program (NHVP) 2025 Update (Mia Jones and Sandra Muir)

Requested Action:

- 1) The board is asked to receive the information.

Background:

The purpose of the Healthy Start program is to improve health outcomes before, during, and after pregnancy, and reduce racial/ethnic differences in rates of infant death and adverse perinatal outcomes. Supported by Federal and a State office, there is a Healthy Start for every county in the state of Florida. With their array of services for birth and postpartum families it is an essential part of our community. Through a Community Consortium Healthy Start fosters community, state, and federal partnerships to improve health care quality and access. This includes:

- Addressing gaps in service
- Co-creating services that consider different cultures and languages.
- Increasing awareness of maternal and infant health issues
- Focusing on factors that affect health with Community Partners
- Community education
- Collecting community data
- Building community collaborations

Administered by Healthy Start of North Central Florida Inc., the Children's Trust of Alachua County fully funds NHVP. NHVP is a free program offered to all Alachua County women who give birth in the county. Within a week after baby is born, a registered nurse visits the family at home to see how they are doing, share information and connect them to services and resources.

Services: A registered nurse provides a physical and a health assessment on baby and mom, and education on topics such as how to care for baby, infant safety tips, safe sleep and family planning options. NewboRN Home Visiting nurses are trained to help new moms breastfeed and address breastfeeding concerns. They also work with families to connect them to needed

resources such as clothing, financial assistance and transportation. Infant CPR and choking prevention classes are available for free to families participating in the program.

Today, the NHVP Nursing Supervisor, Sandre Muir, will provide an update on NewboRN Home Visiting Program.

Programmatic Impact:

Goal 1- Children and youth are healthy and have nurturing caregivers and relationships.

Fiscal Impact:

FY 24-25	\$464,755.00
FY 25-26	\$495,477.00

Recommendation:

The board is asked to receive the information.