



**CHILDREN'S TRUST**  
OF ALACHUA COUNTY

**CDS Family & Behavioral Health Services, Inc**

Request Date:	8/13/2025
Requesting Organization :	CDS Family and Behavioral Health Services
Contact Name:	Joy Cullinan
Event Name:	Self-Care at the Fair
Event Date:	9/20/2025
Event Summary:	Self-Care at the Fair is a free, family-friendly community event designed to promote mental wellness, healthy habits, and access to resources for youth and families. The event will feature stations where attendees can create crafts, participate in mindfulness activities, and learn self-care strategies. Activities will include DIY stress ball making, yoga for kids, face painting, and games. Local organizations will also be on-site to share information about services available in our community. Our event supports the goal that youth learn what they need to be successful by teaching self-care strategies, emotional awareness, and resourcefulness through activities that build healthy habits.
Number of Attendees:	150
Expenses Summary:	Signage/banners: \$150 Printed materials: \$150 Games & activity items: \$500 Bottled water/ice: \$100 Table rentals: \$100
Requested Amount:	\$1000
Notes/Comments:	First time applicant
Approved Amount:	\$1000
Authorized By:	<i>[Signature]</i>