

GENESIS

FAMILY ENRICHMENT CENTER, INC

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www.Genesis31.com

Genesis Family Enrichment Center, Inc is a non-profit 501©3 organization that delivers therapeutic education to parents/caregivers' professionals & organizations that are trauma-informed, evidence-based, attachment centered, and neuro-developmentally respectful to the relational milieu of children and families. Our mission, to strengthen families and transform communities through trauma-informed education, parenting, and research driven innovation.

On Saturday, May 1st 2021, we have scheduled a Trust-Based Relational Intervention Caregiver Workshop for parents, caregivers and professional who love and serve children from hard places. Trust Based Relational Intervention Caregiver Workshop is a trauma-informed, evidence-based, attachment centered intervention designed to equip parents/caregivers with tools to meet the unique attachment, behavioral and learning needs of children who have experienced trauma.

Complex developmental trauma is a diagnosis that recognizes the global impact of trauma and is described by van der Kolk and Courtois (2005) as "the experience of multiple, chronic, and prolonged, developmentally adverse traumatic events, most often of an interpersonal nature" (p. 402). Early trauma and stress can have a lasting effect on development, triggering delays in social competence (Becker-Weidman, 2009), development of dysfunctional coping behaviors, and significantly altering a child's brain chemistry, particularly when the adverse condition is chronic and there is a lack of nurturing support. (Bremner, 2003; Carrion, 2006). In fact, the cessation of the adverse experience continues to affect the brain, body, biology, beliefs and behaviors of children and the caregivers who love and serve them long after the episode has ended. Currently there is a scarcity of effective, accessible and affordable caregiving approaches that address complex developmental trauma in ways that can be easily transferred into every-day parenting and caregiving.

Children and youth suffering from complex trauma most often exhibit disorders related to attachment systems, affect regulation, physiology, dissociation, behavioral control, cognition, and self-concept (Cook, Blaustein, Spinazolla, & van der Kolk, 2003). These behaviors compromise the caregiver's ability to provide nurturing care and forces a reliance on structure, and other punitive methods to control behavior and achieve compliance or rely on ineffective methods to enhance cognition. Trust-Based Relational Intervention Caregiver Workshop supports the Children's Trust strategic plan for children to have nurturing supportive caregiver relationships. Relationship based traumas can only be resolved through the context of patterned, predictable, attuned and nurturing experiences from intentional caregivers. When those caregivers & professionals have come from impoverished childhood as well, often, this type of parenting/caregiving is not intuitive, and must be taught.

TBRI ® principles promote empowering strategies designed to address the physical and sensory needs of children. Empowerment strategies give parents and professionals the knowledge and skills needed to help keep children safe and give children the tools to aid in self and co-regulation. TBRI® promotes insightful connection and attachment strategies that are biologically respectful, aimed at building relational competencies. Lastly, TBRI® will introduce parents and caregivers to correction strategies that are both proactive and responsive, addressing dysregulation that occur at home and school .

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WHAT: Trust-Based Relational Intervention Caregiver Workshop

WHEN: Saturday, May 1st, 2021 at 9:30 am – 3:00 pm

WHO: 100 Parents/Caregivers, Professionals who serve children and families in Alachua County.

GOAL:

Children with histories of complex developmental trauma, (including those who have experienced foster care, maltreatment, marginalization, neglect, abuse, epigenetic harm, chaotic experiences in the home and the environment) present unique challenges for caregivers that strive to provide the care and support they need. Intervention common to these children and their caregivers has typically been administered through the traditional medical model or punitive state child welfare or school models. These models alone are often ineffective in transferring information to the parent/professional in ways that are relatable, and concrete implementation for daily caregiving. The purpose of this workshop is to bridge the gap between trauma informed, emerging findings into practical implications for parents and caregivers. Our desire is to reach parents/caregivers who need this information but who would not be able to afford or have access to this information. Parents/caregivers will be made aware of this opportunity through our connections with guidance counselors, medical/ mental health professionals and child-care agencies.

Amount Requested: \$2, 500.00 to sponsor 100 participants for Trust-Based Relational Intervention Workshop.

This workshop will be facilitated live, via zoom in keeping with local ordinances for safety.

There will be prizes and give-a-ways during the workshop that include the following:

- 30 – Day enrollment in TBRI Nurture Group with Genesis Family Enrichment Center, Inc
- 2 Books- The Connected Child, by Dr. Karyn Purvis and the Connected Parent by Purvis, and Dr. Qualls.
- Weighted Item
- Each participant will receive the TBRI Caregiver Overview Workbook
- Weighted Item

For additional information, please contact Connie Pierre-Antoine, CEO, President at (352) 219-1620

Thank you

