

Mental Health & Substance Use Trainings

PanCare's RCORP programs provide education and training to the community, covering factors that increase the risk of health issues and conditions related to substance use and mental health.

What We Offer

Evidenced based mental health and substance use trainings at little to no cost for a variety of audiences in the rural communities to enhance education, increase knowledge of resources, and assistance making referrals.

Trainings are tailored to fit the needs of community health providers, community organizations, first responders and community members.

Community Trainings

- Helping people understand mental health and substance use issues.
- Working to give you tools to find local resources, affordable insurance and free naloxone.
- Adult and Youth Mental Health First Aid (Certification Offered)- 8 hours(combined)
- Adverse Childhood Effects (ACE's) - 30 minutes
- Early Signs and Symptoms of Mental Health Challenges- 30 minutes
- De-Escalation- 30 minutes
- Suicide Awareness- 45 minutes
- Motivational Interviewing- 120minutes
- Mindfulness training- 60 minutes
- ABC's Of Insurance - 30 minutes
- Naloxone training- 30 minutes

Provider Trainings

Offering education for providers, managers and supervisors looking to enhance knowledge and recognition of mental health and substance use issues.

- Medication Assisted Treatment (MAT) training - 45 minutes
- Stigma and the Negative Impact on Substance Use Recovery- 45minutes
- Naloxone training- 30 minutes
- Substance and Opioid Use Prevention training
- Adult and Youth Mental Health First Aid (Certification Offered)-8 hours(combined)
- De-Escalation- 30 minutes
- Suicide Awareness- 30 minutes
- Motivational Interviewing- 120 minutes
- Mindfulness training- 60 minutes

Serving: Calhoun, Franklin, Gulf,
Jackson, Liberty, Walton and
Washington Counties

Contact Us

All trainings are offered in person, virtually,
and on the behavioral health mobile clinic.



850-215-5111



www.pancarefl.org