

# Who Lives in Capitola?



#### **Population Size<sup>1</sup>**

City/County	Population	
Capitola	9,938	
Scotts Valley	12,224	
Watsonville	52,590	
Santa Cruz (City)	62,956	
County of Santa Cruz	270,861	

#### Gender<sup>2</sup>

More city residents identify as female than male



#### Age<sup>3</sup>

Nearly one in five residents of Capitola is a child or youth under the age of 18, and one in four residents is an older adult, age 65 or older.

Capitola has the highest percentage of older adults in the county – two times higher than the City of Santa Cruz (12%)

and the City of Watsonville (10%).



Under 5 years

5-17 years

4

18-24 years 25-64 years

65+ years

Capitola	5%	13%	8%	50%	24%
County of Santa Cruz	5%	14%	15%	50%	16%
Santa Cruz (City)	3%	10%	31%	44%	12%
Scotts Valley	5%	15%	12%	51%	17%
Watsonville	10%	21%	11%	48%	10%

#### Race, Ethnicity & Language<sup>4</sup>

Capitola's population is primarily White, but there is growing diversity among city residents.

65% 25% Hispanic or Latino

**7%**2 or more races
Asian

.7%
American Indian or Alaska Native

Black or African American

Native Hawaiian or Pacific Islander

of Capitola residents ages 5 years and older speak Spanish at home.

of Capitola residents were born in a country outside of the United States

# A Framework for Understanding Community Health & Well-being in the City of Capitola



The Collective of Results and Evidence-based (CORE) Investments is a **funding model** <u>and</u> a **movement** to achieve **equitable health and well-being** in Santa Cruz County, using a **results-based**, **collective impact approach that is responsive** to community needs.

Several local funders, service providers, collaboratives, and initiatives are aligning their efforts in support of the CORE vision of an equitable, thriving, resilient community where everyone shares responsibility for ensuring the health and well-being of all people, at every stage of life.

These partners recognize that fulfilling the CORE vision requires investing in programs, practices, policies, and transformational systems changes that create equitable opportunities to experience eight vital, interconnected CORE Conditions for Health & Well-being across the life span, throughout the community.

The data in the remainder of this Community Profile offer a "snapshot" of aspects of health and well-being in the City of Capitola that could potentially be influenced or impacted by the City's Community Grants Program, as well as other City resources.

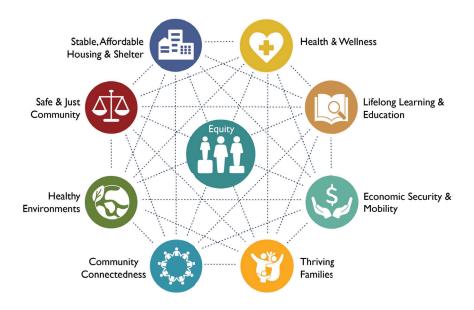
The data are organized by the CORE Conditions and represent a subset of community-level indicators of health and well-being. The data included in this Profile either highlight community strengths and positive trends to build on, community challenges and concerning trends to explore and address, and/or differences in opportunities or well-being that appear to be related to race, ethnicity, age, income, or other "dimensions of equity."

Data were included in this Community Profile if they were available for Capitola based on Census Place, Zip Code, or Census Tract (i.e., not all community-level data are available by geographic area of the county). Data sources are provided on the last page of this Profile.

A complete set of Community Impact statements and Community Indicators for each CORE Condition can be found in the <u>CORE Results Menu</u>, one of several CORE tools embedded in the web-based <u>DataShare Santa Cruz County platform</u>.



#### **CORE Conditions for Health & Well-being**





#### **CORE Condition: Health & Wellness**

All community members experience optimal physical, mental, social-emotional, behavioral, and spiritual health across the life span



Many babies in Capitola are getting a strong start in life.

Babies in Capitola are born with an average of 10.1 out of 12 "family assets" that promote resilience, such as a healthy birthweight, timely prenatal care, parental education level, and parents' ability to afford and access health care. 6

This is higher than the statewide and countywide Strong Start score of 9.4.

of Capitola residents have some type of disability. This is the highest percentage in the county and higher than the statewide rate (11%).



40% of old have a

of older adults (ages 65+) in Capitola have a disability. This is higher than the state (35%) and county (29%) rates.8

**89%** 

of people in the 95010 zip code are **fully vaccinated against COVID-19**. This is the 3<sup>rd</sup> highest rate among all zip codes in the county, exceeded only by 95041 (Mt. Hermon) and 95007



(Brookdale), both at 100%.9

Prior to COVID, one out of five adults in Capitola reported having ever been diagnosed with depression...



...and one out of three 7<sup>th</sup> graders at New Brighton
Middle School (who completed the CA Healthy
Kids Survey) reported having depression-related feelings.<sup>10</sup>



# **CORE Condition: Lifelong Learning & Education**

High-quality education and learning opportunities from birth to end of life

There is not enough child care available in the 95010 zip code, particularly for infants and toddlers in families who are eligible for subsidized care. 11

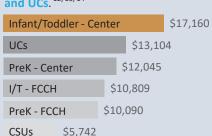


Unmet need for infant & toddler care (0-35 months) in 2018



Unmet need for preschool (3-5 years old) in 2018

The cost of child care varies based on the age of the child and whether it's in a Center or Family Child Care Home (FCCH). In many cases, the average annual cost is more than the annual tuition at Cal State Universities (CSUs) and UCs. 12, 13, 14





92% of Capitola residents age 25+ years have a High School degree or higher. This is higher than the statewide and countywide percentages. 15



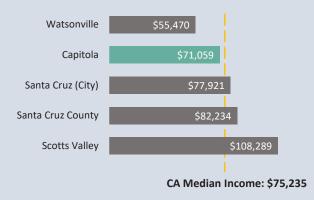
of Capitola residents age 25+ years have a Bachelor's degree or higher. This is the 2<sup>nd</sup> lowest percentage in the county. <sup>16</sup>



### **CORE Condition: Economic Security and Social Mobility**

Stable employment, livable wages, food security, ability to afford basic needs, wealth accumulation, and prosperity

The median household income in Capitola is lower than the statewide and countywide median income. 17



The unemployment rate in Capitola is returning to pre-pandemic levels.

The December 2021 rate of 1.2% is down from a high of 4.1 in April 2020 and is the lowest rate in the county. 18

Of the four cities, Capitola has the highest percentage of children living in families with low incomes in the county.



of children and youth under age 18 in Capitola live in families with incomes below the Federal Poverty Level. Watsonville has the next highest rate (21.3%). 19

There is a moderate level of food insecurity in the 95010 zip code compared to other zip codes in the county, according to the Food Insecurity Index (FSI). 20

Zip Code	FSI
95019 (Freedom)	78.0
95076 (Watsonville)	42.8
95010 (Capitola)	18.7
95060 (Santa Cruz)	15.7
95064 (Santa Cruz)	4.3
95066 (Scotts Valley)	2.8





## **CORE Condition: Thriving Families**

Safe, nurturing relationships and environments that promote optimal health and well-being of all family members across generations

**21%** of households in Capitola have single parents.<sup>21</sup>



While being a single parent does not automatically increase the risk for hardship in a family, it can be stressful for single parents to juggle the responsibilities of raising children, earning a living, and running a household, unless there's a strong support network in place.



33% of older adults in Capitola live alone. 22

While some older adults may enjoy living alone, others might experience loneliness and increased risk for falls or other health issues that may go undetected.

AARP Livability Index for Capitola, out of a possible score of 100, based on factors such as: 23

Access to grocery stores, farmers' markets within 1/2 mile

Access to libraries within 1/2 mile

Near-roadway pollution

Cultural, arts, and entertainment institutions per 10k people

Housing cost burden

Estimated walk trips per household per day

Access to parks within 1/2 mile

Age-group diversity compared to the national population

Social involvement index (county)

Top third of neighborhoods across the country

Middle third of neighborhoods



**Bottom third** of neighborhoods



### **CORE Condition: Community Connectedness**

A sense of belonging, diverse and inclusive neighborhoods and institutions, vibrant arts and cultural life, and civic engagement

**33%** (2017-19)

of 7<sup>th</sup> graders at New Brighton Middle School\* reported high levels of school supports, an indicator of Community Connectedness among youth—e.g., they have caring relationships with adults at school, have high expectations from adults at school, and have

opportunities for meaningful participation at school. 24

This was the **second highest percentage** among all school districts, but the percentage has **decreased in recent years**.

Students who identified as Hispanic/Latino; Multiracial; Gay, Lesbian, or Bisexual; or Not sure of their sexual orientation were less likely to report having high levels of school supports, compared to students who identified as White or Straight.

<sup>\*</sup> These data are not exclusive to Capitola, as not all students who attend New Brighton live in Capitola, and some Capitola youth may attend other schools

High Levels of School Supports	2017-19	2015-17	2013-15
All 7 <sup>th</sup> graders	33%	43%	39%
Hispanic/Latino	30%	37%	32%
Multiracial	24%	43%	21%
Gay/Lesbian/Bisexual	18%	Data suppressed (fewer than 10 respondents)	
Not Sure (sexual orientation)	25%		
White	40%	47%	49%
Straight	33%	42%	39%

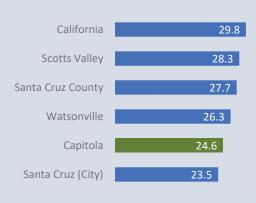


**72%** of Capitola residents are **registered to vote**. This is higher than the countywide average of 63%. <sup>25</sup>



## **CORE Condition: Healthy Environments**

Clean, safe, sustainable natural environment and a built environment and infrastructure that support health and well-being



The average commute times to work (in minutes) for Capitola residents are lower, compared to most other areas of the county and the statewide average. 26

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On average, Capitola is ranked as Very Walkable by Walk Score, meaning most errands can be accomplished on foot.<sup>27</sup>

While the Walk Score can vary by specific neighborhood in the city, Capitola's Walk Score is the highest of all jurisdictions.





Santa Cruz \
(city)



Watsonville

**100%** of Capitola residents live within a half-mile of a park, considerably higher than the countywide percentage (86%).<sup>28</sup>



Parks contribute to health and well-being by providing opportunities to exercise, gather outdoors, or enjoy nature.



### **CORE Condition: Safe & Just Community**

Fair, humane approaches to ensuring personal, public, and workplace safety that foster trust, respect, and dignity

In 2020, Capitola had one of the **lowest rates of violent crimes** (homicide, rape, robbery, aggravated assault) in the county BUT had the **highest property crime rate**. <sup>29</sup>





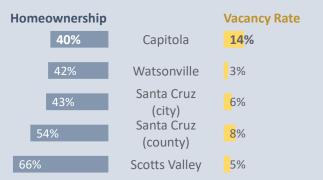
The total number of calls was 20% lower than in 2011, but 144% higher than in 2016.



## CORE Condition: Stable, Affordable Housing & Shelter

An adequate supply of housing and shelter that is safe, healthy, affordable, and accessible

Capitola's home ownership rate of 40.2% is the lowest in Santa Cruz County and its 14% vacancy rate is the highest.<sup>31</sup>



Capitola's number of Persons per Household (2.08) is the lowest in the county – and among the lowest in the state. <sup>31</sup>

A measure of housing burden is paying more than 30% of income in rent. Capitola's rate of housing burden among renters is the lowest in the County—52% of renters pay more than 30% of income in rent (compared to 62.6% of renters in the City of Santa Cruz and 67% in Watsonville). <sup>32</sup>





There were approximately **465** Extremely Lowincome Renters (ELI) in Census Tracts 1216, 1218, and 1221 as of May 2021, according to the Urban Institute's Rental Assistance Priority Index. The Index is based on indicators of housing instability, COVID-19 impact, and equity. <sup>33</sup>

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