



# 2020 ANNUAL REPORT

CLARK COUNTY  
COMMISSION  
*on*  
**AGING**

# Commission on Aging

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- Created in 2012 to manage and carry out Aging Readiness Plan
- Diagram to the right illustrates our work



# Focus Areas

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Housing 2016



Supportive Services 2017



Transportation 2018



Healthy Communities 2019



Engagement/Advocacy 2020



COVID-19 IMPACTS 2020



# COVID-19 Impacts on Older Adults

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- Access to food, supplies, and medications
- Housing challenges for vulnerable older adults
- Impacts of isolation and lack of socialization on older adults



# Access to Food, Supplies, and Medications

- Prepared Meals
- Groceries
- Delivery
- Transportation
- Socialization



# Housing Challenges for Vulnerable Older Adults

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- Impacts on the houseless and those at-risk
- Service adaptations in senior housing:
  - Partnerships
  - Isolation intervention
- Keeping residents engaged and healthy

# The impacts of isolation and lack of socialization

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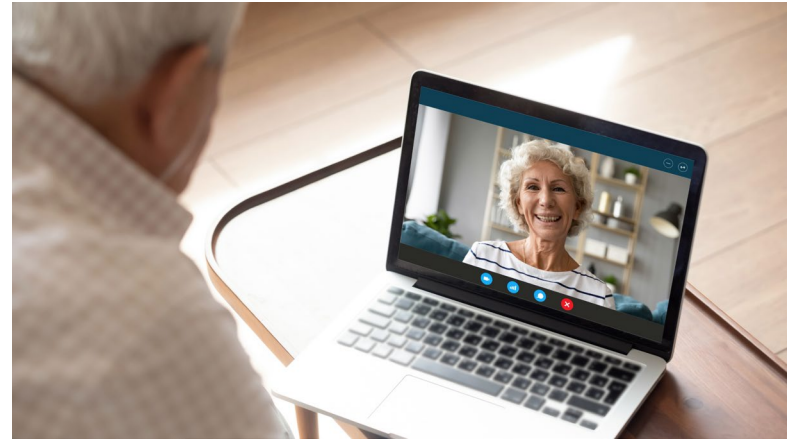
- Heart disease
- High blood pressure
- Cognitive decline
- Depression



# Commission Takeaways and Reflections

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1. Technology and internet access
2. Housing
3. Funding
4. Advocacy
5. Information and communication
6. Collaboration, coordination, and cooperation among organizations



Joel Muniz



# Update on strategy/recommendations

- Healthy Communities
  - Special shopping times
- Transportation
  - Pedestrian accessways
  - North County transportation pilot
- Supportive services
- Housing
- Education, awareness and advocacy
  - Silver Citizen Award



# 2021 Road to COVID-19 Recovery

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- Kick-off
- First and early responders
- Health and wellbeing
  - Serious illness and caregiver support
  - Food as medicine
  - Social determinants of health
  - Social connections
- Personal economics/Financial recovery



# Thank you!

Comments and questions

Website:

[www.clark.wa.gov/aging](http://www.clark.wa.gov/aging)

Stay engaged. Sign up for updates:

<https://clark.wa.gov/community-planning/get-project-updates>

