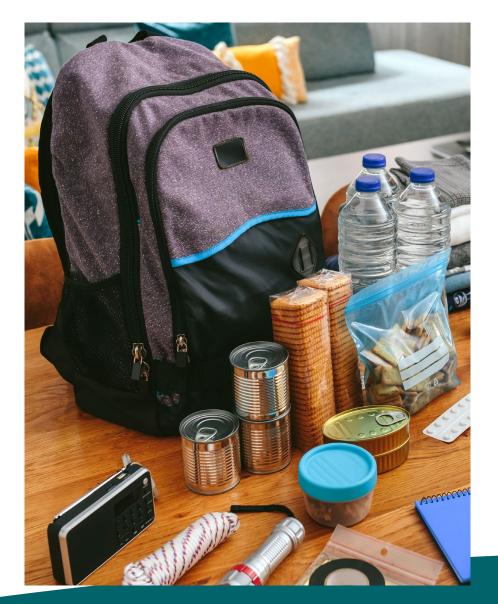


Annual Presentation to Clark County Council



2024 Focus on Emergency Preparedness

Agenda



- Commission on Aging (COA)
- Aging Readiness Plan (ARP)
- 2024 Emergency Preparedness Focus
- Silver Citizen Awards
- Other achievements



Background and 2024 Annual Report



- Nine-member volunteer commission.
- Provide leadership in addressing the special needs of the aging population
- Manage and assist with implementation of the Aging Readiness Plan (ARP)
- Update the ARP as needs change





Aging Readiness Plan (ARP)

- ARP updated in 2023
- Significant outreach and engagement
 - What makes an age friendly place
 - What improvements can be made





Aging Readiness Plan (ARP)

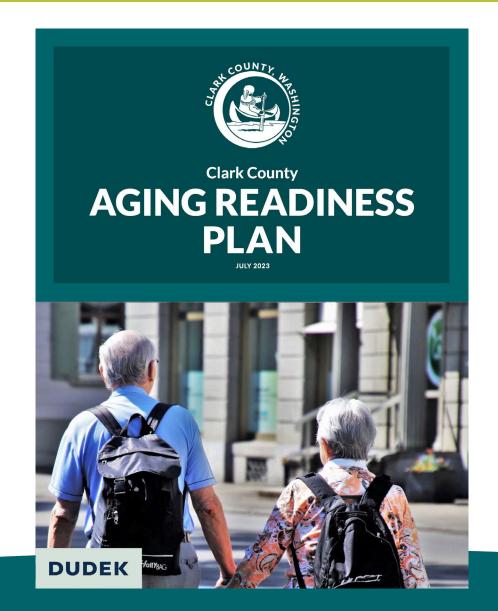


- ARP updated in 2023
- Significant outreach
- Governor's Smart Communities Award



Aging Readiness Plan (ARP) Chapters

- ARP Chapters:
 - Healthy communities
 - Housing
 - Transportation and mobility,
 - Civic involvement
 - Emergency preparedness





Aging Readiness Plan (ARP) Implementation

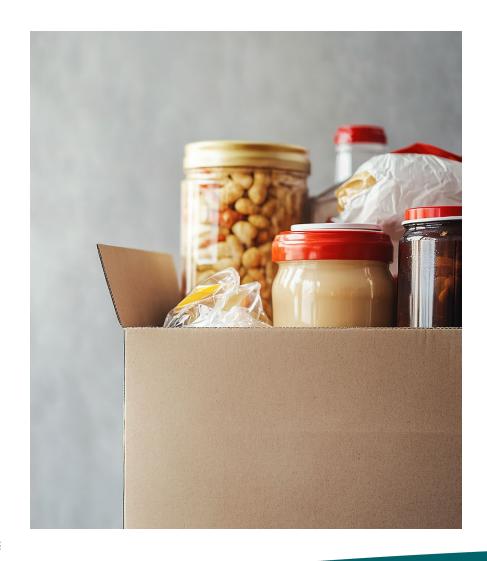
Emergency preparedness

- Natural and human-caused hazards
- Improve health and safety
- Focus for 2024
 - Develop older adult communication channels
 - Encourage neighborhood associations and homeowner's associations to work with CRESA





Aging Readiness Plan (ARP) Implementation



- Emergency preparedness
 - Increase awareness
 - Partnership with CRESA
- Monthly meetings
 - Emergency kits
 - Crating a plan
 - Supplies
 - Neighborhood
 - Community
 - Alert and Warnings



- Issues covered/Lessons learned
 - Preparation / go-bags
 - Communication networks
 - Need for self-support







- Issues covered/Lessons learned
 - Pre-planning is key
 - Individualized plans
 - Problem-solving difficult issues





Preparedness Tips for Seniors

CRESA has been pleased to partner with the <u>Commission on Aging</u> this year on emergency preparedness. Here are some lessons learned from that collaboration.

Emergencies and disasters can happen quickly. Sometimes we have warning, such as with winter weather, other times, it may come from nowhere, such as with an earthquake or wildfire. Being prepared for all types of emergency situations can help reduce fear and anxiety and minimize potential loss



Silver Citizen Award

- 2024 Co-Winners
- Bev Jones Battle Ground resident
- Larry Smith –
 Vancouver resident





Additional Commission Work

- Community presentations
- Letters of Support
- Proclamations





Thank you!

More information:

Commission on Aging

Webpage: https://clark.wa.gov/aging

Email: Cnty.Comm-aging@clark.wa.gov

Phone: 564-397-4913 or 564-397-4516

Staff: Susan Ellinger & Amy Wooten

Resources for older adults & caregivers:

Aging & Disability Resource Center (ADRC)

Webpage: https://www.helpingelders.org/

Email: clarkadrc@dshs.wa.gov

Phone: 360-694-8144

