



Annual Presentation to Clark County Council



2025 Focus on
Healthy
Communities &
Civic Engagement

Agenda



- Commission on Aging (COA)
- Aging Readiness Plan (ARP)
- 2025 – Focus on Healthy Communities & Civic Involvement
- Silver Citizen Award
- Other achievements



2025
Annual Report



Background and 2025 Annual Report



Commission on Aging (COA)

- Nine-member volunteer commission.
- Provide leadership in addressing the special needs of the aging population
- Manage and assist with implementation of the Aging Readiness Plan (ARP)
- Update the ARP as needs change



Aging Readiness Plan (ARP)

- ARP updated in 2023
- Significant outreach and engagement
 - What makes an age friendly place
 - What improvements can be made



Aging Readiness Plan (ARP)



- ARP updated in 2023
- Significant outreach
- Governor's Smart Communities Award

Aging Readiness Plan (ARP) Chapters

- ARP Chapters:
 - Healthy communities
 - Housing
 - Transportation and mobility,
 - Civic involvement
 - Emergency preparedness



Aging Readiness Plan (ARP) Implementation

Focus for 2025

- Healthy Communities
- Civic Involvement



Implementation – Healthy Communities



FVRLibraries
FORT VANCOUVER REGIONAL LIBRARIES



**CITY OF
Vancouver**
WASHINGTON



Issues Explored:

- Improving Access to Healthy Food
- Focus on Mental Health
- Focus on Health & Fitness
- Wrap-Around Care and Aging in Place

Implementation – Healthy Communities



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- Improving Access to Healthy Food
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Implementation – Healthy Communities

Topics Explored:

- Improving Access to Healthy Food
- Focus on Mental Health
- **Focus on Health & Fitness**
- Wrap-Around Care and Aging in Place



*Photo credit: City of Vancouver, Parks, Recreation and Cultural Service Department

Implementation – Healthy Communities



Topics Explored:

- Improving Access to Healthy Food
- Focus on Mental Health
- Focus on Health & Fitness
- **Wrap-Around Care and Aging in Place**



Implementation – Social Connection



Topics Explored:

- Intergenerational Connection
- Focus on Social Connection
- Volunteering and Social Connection

Implementation – Social Connection

Topics Explored:

- Intergenerational Connection
- Focus on Social Connection
- **Volunteering and Social Connection**



Commission on Aging (COA)

Other Issues covered:

- Options for Senior Housing
- Senior Property Tax Options



Silver Citizen Award



2025 Winner

Sharon Wodtke



Additional Commission Work

- Community presentations
- Letters of Support
- Proclamations



Thank you!

More information:

Commission on Aging

Webpage: <https://clark.wa.gov/aging>

Email: Cnty.Comm-aging@clark.wa.gov

Phone: 564-397-4516 or 564-397-4913

Staff: Susan Ellinger & Amy Wooten

Resources for older adults & caregivers:

Aging & Disability Resource Center (ADRC)

Webpage: <https://www.helpingelders.org/>

Email: clarkadrc@dshs.wa.gov

Phone: 360-694-8144

