



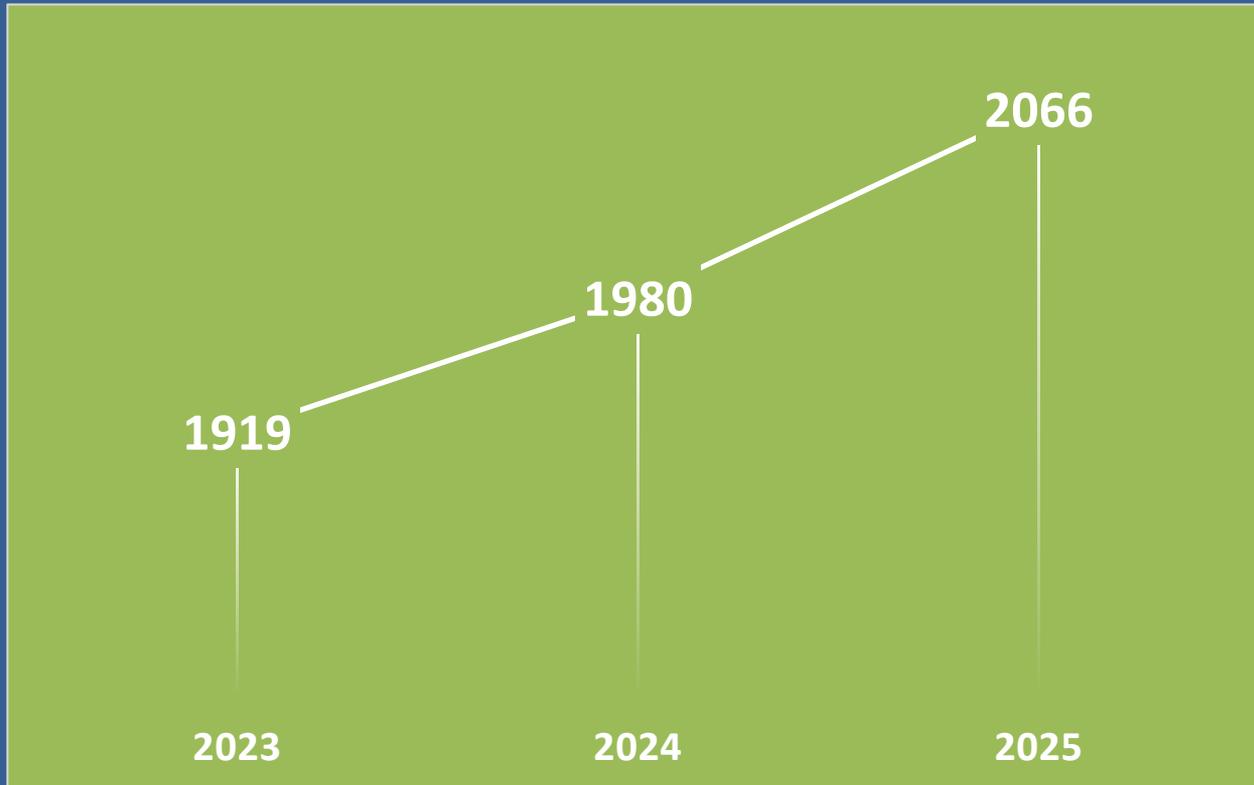
2025 RECREATION PROGRAM REVIEW

Presented March 2026

CAMAS PARKS & RECREATION



2025 TOTAL # OF CLASS HOURS

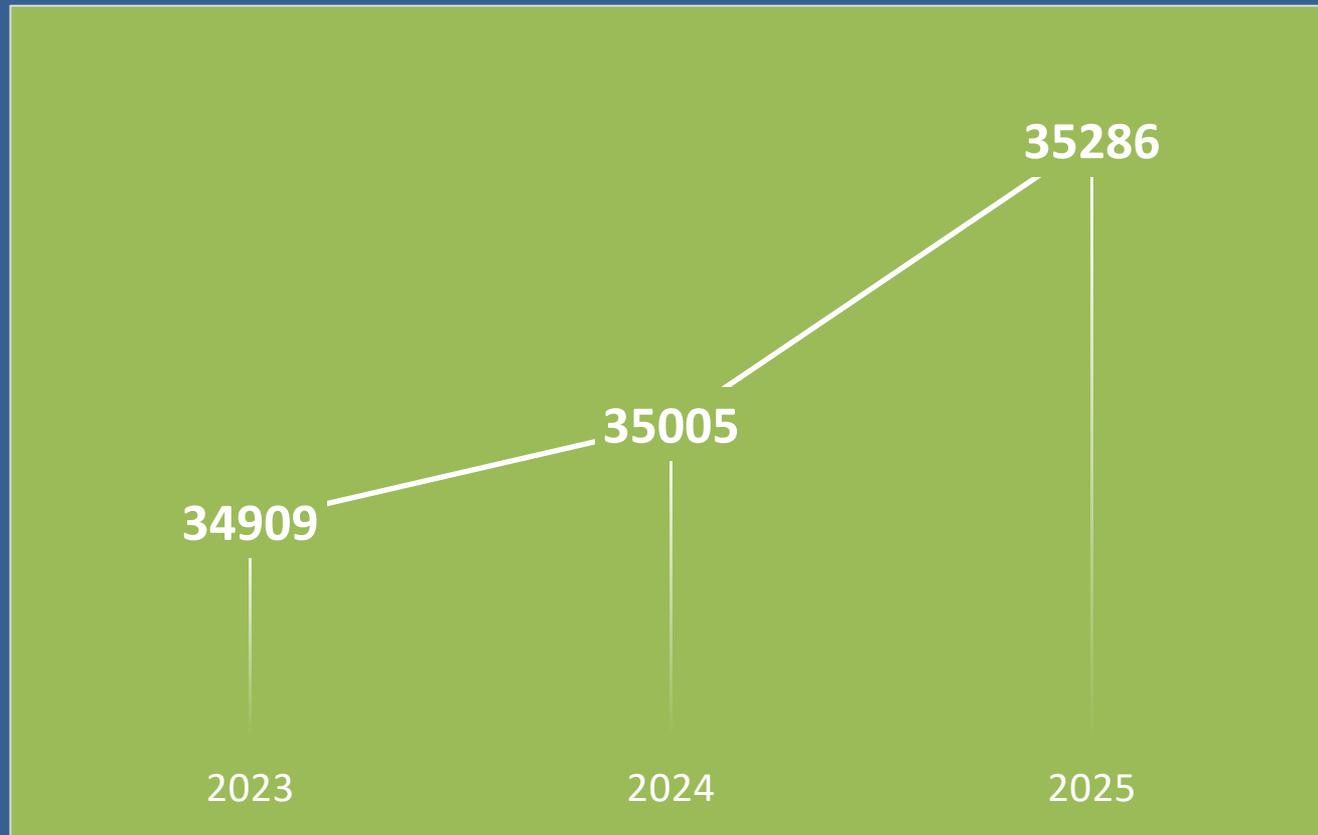


This is counting every hour that a class meets.

Example: Tai Chi meets for
8-1 hour classes per month so
Tai Chi is counted as 8 hours or **24 hours per quarter.**

Breathwork with Emily Olson meets one evening per quarter so her class is
counted as
2 class hours per quarter.

2025 TOTAL PARTICIPANT HOURS



This is counting every hour a person is participating in a class.

Example: Jenny attends Tai Chi 8 times per month so Jenny is counted as 8 hours each month or **24 hours per quarter.**

Alicia attends Breathwork with Emily Olson which meets one evening for 2 hours per quarter so Alicia is counted as **2 participant hours per quarter.**

2025 HIGHLIGHTS

**Kiley's Mountain Tops classes
DOUBLED participant hours
from 2024.
2024 = 936, 2025 = 1,776**



**Megan's Pilates classes MORE
THAN DOUBLED participant
hours from 2024.**

2024 = 240, 2025 = 612

2025 FREE CLASSES

THESE CLASSES WERE OFFERED FREE TO THE COMMUNITY.

**Women's Self Defense
Sponsored by Camas Parks
Foundation**

Classes Offered: 3

Class Participants: 36

**Fitness for Seniors Sponsored
by Washington Department of
Health & Social Services**

Classes Offered: 156

Class Participants: 3120



WHAT'S NEW FOR 2026



**Nervous System Reset with
Breathwork & Reiki with Siri**



**Ecstatic Dance and Breathwork
with Gisela**



Summer Camp back at Crown Park

PROGRAM SCHOLARSHIPS AVAILABLE



SENIOR CITIZEN & YOUTH SCHOLARSHIPS

Offered through generous grants from the Parks Foundation of Clark County and the Camas Parks Foundation. Assistance is available to youth & senior citizen participants with financial need who live in our community. Camas Parks & Recreation receives funds from various organizations to support our scholarship program. Youth in the community who are interested in participating in a program offered through our department are encouraged to apply.

To receive a scholarship application:
<https://www.cityofcamas.us/parksrec>

- Call 360-834-5307 to have it mailed to you
- Visit the Lacamas Lake Lodge, 227 NE Lake Road to pick one up
- Email tconnolly@cityofcamas.us to have one emailed to you.



Camas
Parks
Foundation



2025 SCHOLARSHIPS

Scholarships Provided: 7 youth
(down from 10 in 2024)

Donated Value: \$1,140

Provided by Camas Parks
Foundation

Additional Program Support
for 2026:

Quarterly Women's Self
Defense Classes

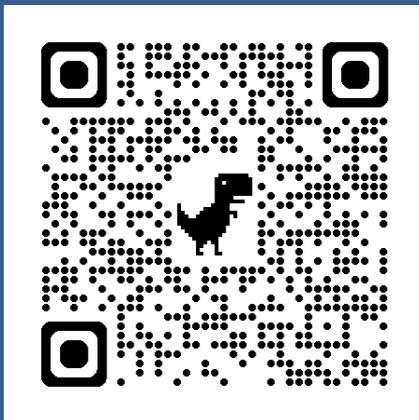
Cost: \$150 per class,
maximum of 15 students per
class

WANT TO KEEP UP TO DATE THROUGHOUT THE YEAR?

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