



2021 ANNUAL REPORT

Commission on Aging

- Provide leadership in addressing the special needs of the aging population
- Manage and assist with implementation of the Aging Readiness Plan



Focus Areas

Housing 2016



Supportive Services 2017



Transportation 2018



Healthy Communities 2019



COVID-19 Impacts 2020



Road to Recovery from COVID-19 2021



Road to Recovery from COVID-19

- Kick-off
- First and early responders
- Serious illness and caregiver support
- Food as medicine
- Social determinants of health
- Housing and homelessness
- Personal economics/financial recovery



Findings & Recommendations: Community Engagement

- Finding
 - Phone and video calls helped but could not replace in-person connection
 - Many examples of innovation
- Recommendation
 - Share best practices for communicating with older adults



Findings & Recommendations: Supportive Services

- Finding
 - Significant impacts to professional and family caregivers
- Recommendation
 - Employers can better support caregivers through review and revision of HR policies
 - Examples provided in [Recognize, Assist, Include, Support, & Engage \(RAISE\) Family Caregivers Act Initial Report to Congress](https://acl.gov/RAISE/report) (<https://acl.gov/RAISE/report>)



Findings & Recommendations: Healthy Communities

- Finding
 - Healthy food and lifestyles could increase resiliency in future health pandemics
 - Racial disparities in health outcomes
- Recommendations
 - Build relationships and trust with underserved community members
 - Schools, workplaces, and hospitals can promote healthy eating and lifestyle options



Findings & Recommendations: Housing

- Finding
 - Housing challenges existed before the pandemic and the pandemic has exacerbated housing challenges for some families
- Recommendation
 - Create policy and adopt development code to remove barriers for non-profits, housing authorities and mission-driven housing developers to build housing affordable to people priced out of market-rate housing



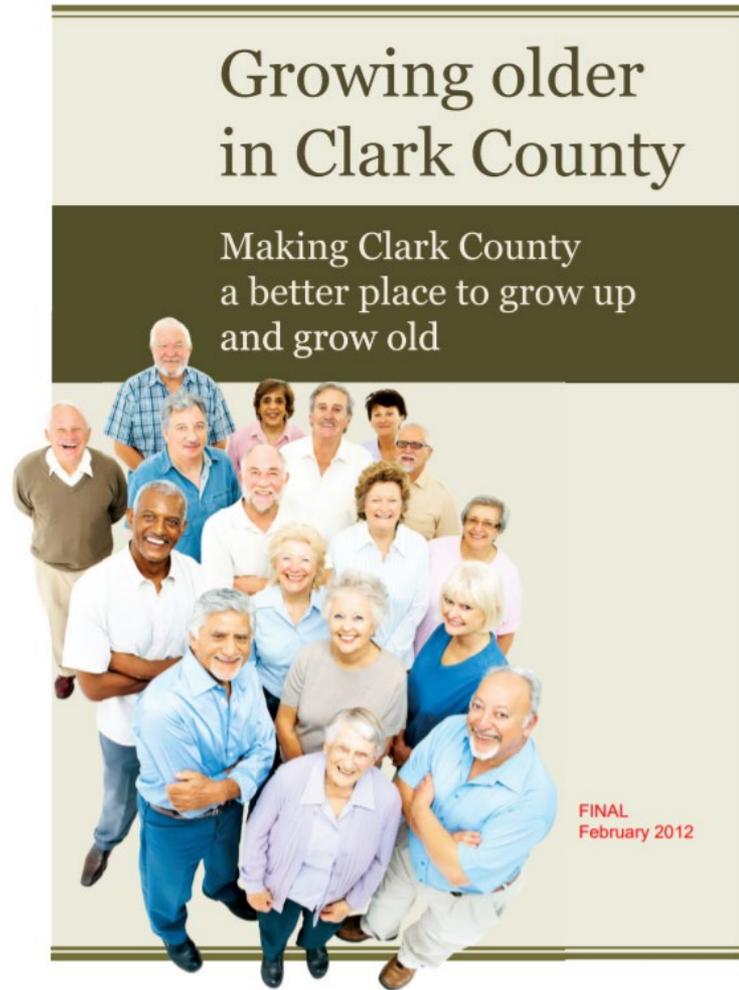
Findings & Recommendations: Emergency Preparedness

- Finding
 - Being prepared for a wide range of emergencies can help during a crisis
- Recommendations
 - Emergency Preparedness presentations and trainings from CRESA
 - Add Emergency Preparedness chapter to the Aging Readiness Plan in 2022



2022 Work Plan

- Innovation through Connection
 - Fireside chats
 - Program of the month
- Aging Readiness Plan Update



Thank you!

Comments and questions

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