
Park Board

DEPARTMENT: Parks and Recreation

FROM: Allison Smith, Deputy Director of Recreation

MEETING: April 17, 2025

SUBJECT:

Consider recommending approval of a project with Johnson Fitness and Wellness for the purchase of cardio and strength fitness equipment at the total price of \$109,117.39. *(Staff Contact: Allison Smith, Deputy Director of Recreation)*

SUMMARY:

Staff conducts an annual inspection of the fitness equipment at the Burleson Recreation Center. During this year's review, it was determined that the majority of our budget should be allocated toward replacing the plate-loaded strength equipment. Below is a comprehensive list of the equipment being replaced, as well as the new pieces that will be added to our inventory.

Equipment being Replaced:

- Stairmasters (2)
- Recumbent Bikes (4) - 2 replaced, 2 added
- Upright Bikes (2)
- Espresso Bike (1) – 3-year software subscription
- Squat Rack (1)
- Hack Squat (1)
- Leg Press (1)
- Multi-use Bench Press (1) – replacing decline bench
- Flat Bench Press (1)
- Incline Bench Press (1)
- Flat/Incline/Decline Bench (1)
- Abdominal Bench (2)
- Plate Loaded Chest Press (1)
- Plate Loaded Shoulder Press (1)
- Plate Loaded Lat Pulldown (1)
- Plate Loaded Seated Row (1)
- Plate Loaded Pendulum Squat (1)
- Vertical Bar Storage (1)
- Variety of Bars (9)

- Plyo Boxes (4)
- Punching Bag & Stand (1)
- Battle Ropes (3)
- Hoist Shroud Replacement (18)

New:

- Weightlifting Platform (1)
- Plate Loaded Bicep Curl (1)
- Additional Plate Weights (40)
- Dumbbells (4)
- Recumbent Bikes (2)

New Inclusive Pieces:

- Total Body Exerciser (1)
- Recumbent Elliptical (1)
- Treadmill with Full-Length Handrails (1)
- Hand Grips (1)
- Treatment Table (1)
- Battle Rope with Handles (1)

RECOMMENDATION:

Staff recommends approval of the project with Johnson Fitness and Wellness.

PRIOR ACTION/INPUT (Council, Boards, Citizens):

N/A

REFERENCE:

N/A

FISCAL IMPACT:

Proposed Expenditure: \$109,117.39

Account Number(s): 203-5004-70025

Fund: PPF

Account Description: Furniture & Equipment

STAFF CONTACT:

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