



*Because hunger can't wait.*

# LAKES AREA FOOD SHELF

## OVER 40 YEARS OF SERVICE

Lakes Area Food Shelf is grateful to have served the Brainerd Lakes Area area for over 40 years. We were established in 1980 by Donald Messick with the help of Lutheran Church of the Cross and Christ Community Church, both of Nisswa. We've earned the trust of the thousands of people we serve each year and have become a primary community resource for people facing food insecurity in the Brainerd Lakes Area.



## FARMS 2 FOOD SHELF

Lakes Area Food Shelf prioritizes nutrient-rich, locally-grown produce in our grocery store and our food budget because healthy food is key to mental and physical health, learning and development in children, and so much more. To learn more, check out: [lakesareafoodshelf.org/About Us](https://lakesareafoodshelf.org/About%20Us)

## MORE WAYS TO GET INVOLVED

- Host a food drive.
- Trade a discount for a shelf-stable food item.
- Donate extra food from your garden.
- Encourage your cabin friends to donate their food when they close up their cabin.
- Schedule a monthly banking Bill Pay or ACH transaction- Set it & forget it!

## SUPPORTING LAFS FINANCIALLY

Financial donations allow LAFS to purchase discounted food from our food bank - Second Harvest Northland - and from our grocers and warehouses.

Venmo @LAFS29316

Paypal



Donate



FIND US:

[www.lakesareafoodshelf.org](http://www.lakesareafoodshelf.org)  
PO Box 423  
29316 Patriot Avenue  
Pequot Lakes, MN 56472

HOURS:

Tuesdays: 9am - 12pm  
Wednesdays: 3pm - 6pm  
Thursdays: 9am - 12pm

CONTACT US:

218-568-8474  
[info@lakesareafoodshelf.org](mailto:info@lakesareafoodshelf.org)

## DONATION WISHLIST

- Shelf-stable Proteins
  - Canned Tuna and Chicken
  - Peanut Butter
- Personal Hygiene Items
  - Shampoo
  - Soap
  - Deodorant
  - Toilet Paper
  - Feminine Hygiene

## OUR RESOURCE HUB

In 2023, the Brainerd Lakes Area community helped LAFS fund the expansion and remodel of our facility which resulted in the Resource Hub. Community Resource Hubs, integrated within a food shelf, house a network of existing direct service providers from multiple disciplines (legal, housing, counseling, job training, etc.).

Today our community partners include:

- Bridges of Hope
- Crow Wing County
- St. Vincent de Paul

## OUR VOLUNTEERS



Lakes Area Food Shelf is powered by volunteers. They unload semi trucks full of food. They stock the shelves. They stand in the snow handing out holiday meals. Most importantly, they greet those who need the food shelf with dignity, empathy, and a smile.

If you are interested in becoming a volunteer, please email us at [info@lakesareafoodshelf.org](mailto:info@lakesareafoodshelf.org) or just stop and see what it's all about.

# THANK YOU LAFS DONORS!

Your support enables LAFS to provide food and hope to those families with food insecurities in the Brainerd Lakes Area.