

# Parks and Recreation July 2023

## Pool News

### Water Aerobics - July

Morning class - 72 participants

Class schedule:

Tuesday & Thursday 8:00 AM

## Yoga

### Yoga

21 participants in July

Class schedule:

Monday, Wednesday, & Friday 8:00 AM

## July Reservations

Natorium: 7

Conference Rooms: 5

Old Mill Park 16

Outdoor Pool 12

## Sports

Group Swim Lessons

Adaptive Needs Swim Lessons

District 2 Diving Championships 22 Participants

70 Swimmers qualified for State Swim Meet

2 USSSA Baseball Tournaments

Fall Softball Registration 40 Registrants

Fall Baseball Registration 52 Registrants

Fall T-Ball Registration 39 Registrants

Fall Soccer Registration 111 Registrants

### Pickleball

22 Scheduled events for July

## Events - July

N. Alabama Mega Workout - Fitness at Old Mill Park

Dancing in the Park at Old Mill Park

Zumba in the Park at Old Mill Park

Youth Basketball Skills Training Classes - 400 Participants

Camp Boaz - Outdoor Pool (Every Week)

- Monday, Tuesday, Wednesday, Thursday
- 1585 Children Participated

Academy Day Care - Outdoor Pool (Every Week)

- Tuesday and Thursday
- 168 Children Participated