



**TOWN OF BLUFFTON  
National Mental Health Awareness Month Proclamation**

**Whereas**, during the month of May, a national health observance is dedicated to increasing public awareness of and action around the mental health and wellness of youth and adults; and

**Whereas**, rates of substance use and reports of depression, suicidal thoughts and attempts, and serious mental illnesses have increased; and

**Whereas**, one out of five children experience a mental health disorder in a given year; and

**Whereas**, half of all lifetime cases of mental illness and substance use begin by age 14 and three-fourths by age 24; and

**Whereas**, supportive families, schools, and communities help children and teens build strong mental health; and

**Whereas**, mental health is essential for overall well-being at every stage of life. Regardless of age, background, or experience, prioritizing mental health strengthens individuals, families, and communities; and

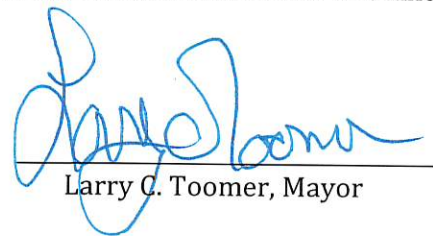
**Whereas**, this national month of awareness celebrates the efforts of communities and organizations coming together to raise awareness about the importance of mental well-being; and

**Whereas**, the Town Council of Bluffton, SC joins and supports the efforts of the LowCountry Alliance for Healthy Youth Coalition and its youth coalition, Teens for Healthy Youth, in raising awareness, combatting stigma, and promoting mental health and wellness, issues the following proclamation.

**NOW THEREFORE**, I, Larry Toomer, Mayor of the Town of Bluffton, along with Town Council, do hereby proclaim the month of May to be Mental Health Awareness Month in the Town of Bluffton, SC.

**IN WITNESS WHEREOF**, I have set my hand and caused the seal of the Town of Bluffton to be affixed this 13<sup>th</sup> day of May 2025.



  
Larry C. Toomer, Mayor