



**TOWN OF BLUFFTON
NATIONAL MENTAL HEALTH AWARENESS MONTH**

Whereas, during the month of May, a national health observance is dedicated to increasing public awareness of, and action around the mental health and wellness of youth and adults; and

Whereas, the mental health crisis is affecting many teens, but some teens are affected more than others; and

Whereas, one out of five children experience a mental health disorder in a given year; and

Whereas, half of all lifetime cases of mental illness and substance use begin by age 14 and three-fourths by age 24; and

Whereas, all of us have the power to be the best advocates for promoting mental health and wellness; and

Whereas, national and local campaign goals are to promote and disseminate quality mental health promotion resources; and

Whereas, this national month of awareness celebrates the efforts of communities and organizations coming together to raise awareness about the importance of mental well-being; and

Whereas, the Town Council of Bluffton, joins and supports the efforts of the LowCountry Alliance for Healthy Youth Coalition and its youth coalition, Teens for Healthy Youth, in raising awareness, combatting stigma, and promoting mental health and wellness, issues the following proclamation.

NOW, THEREFORE, I, Larry C. Toomer, Mayor of the Town of Bluffton along with Town Council, do hereby proclaim the month of May to be **Mental Health Awareness Month** in the Town of Bluffton.

IN WITNESS WHEREOF, I have hereto set my hand and caused the seal of the Town of Bluffton to be affixed this 12th day of May 2026.



Larry C. Toomer, Mayor