

City of Bellbrook Office of the Mayor

Proclamation

Whereas: *The Global Day of Unplugging is an awareness campaign that promotes a 24 hour respite from technology annually observed the first weekend of March; and*

WHEREAS, such a day of unplugging inspires healthy life/tech balance for communities and encourages elevation of human connection over digital engagement; and

WHEREAS, since 2020, many have experienced “screen burnout and fatigue” with digital interactions eclipsing real-world connections in educational, social and business settings across the globe; and

WHEREAS, students, parents, employees and citizens have experienced increased anxiety, depression and other mental health issues due to the socially distant and unbalanced life/tech environments that left them isolated and detached from community and meaningful in-person experiences; and

WHEREAS, many cities, states and countries will be prioritizing offline connections over the 24 hour period of a Day of Unplugging; and

WHEREAS, the City of Bellbrook and other organizations have joined in the initiative “Greene County Unplugged” to provide local awareness and activities to prioritize health, build stronger relationships, and celebrate community; and

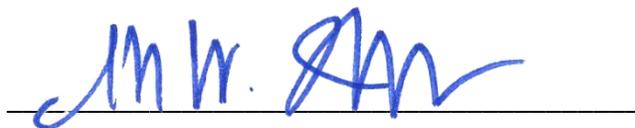
WHEREAS, it is the hope of the City that residents can experience “unplugged” moments in their lives not just in this 24 hour period, but in every day of the year.

NOW, THEREFORE, I, Michael Schweller, Mayor of the City of Bellbrook and the Bellbrook City Council do hereby proclaim March 7th, 2026 to be

A Day of Unplugging

in Bellbrook, Ohio and call upon all citizens to recognize the benefits of meaningful in-person connections.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Bellbrook to be affixed this 23rd day of February 2026



Michael Schweller, Mayor