

Weekly Memo – Dec 18-22

Operations

- We have finalized and published and new Winter schedule. We have added some fitness classes, including Step, Step Blitz, another AOA Strong, and another Zumba class. The new schedule will become active January 1st.
- Now that we are providing more programs for our younger community members, we are working on putting together a Youth Program schedule! This schedule will include our programs that are both free and included with membership.
- IT'S PROMO TIME!!!
 - Throughout the week on Dec. 26th-30th, we will our having our Resolution Revolution. Kick off the new year with FREE Fitness Fun! All classes will be FREE!
 - We will also be doing our annual Join for 3, Get 1 FREE promo as well. All new members can join the Recreation Center for 3 months, and their 4th month is on us! Offered Dec. 26th-Jan. 6th.



Upcoming Programs/Events

- We are excited to be partnering again with the Family Crisis Center and We Are One Foundation to provide our FREE Discovery Days Program Dec. 27-29. This program is designed to give kids ages 7-12 the opportunity to explore and discover new activities and skills and a social environment. Registration is completely full for the program.



- Youth Discovery will be starting back up in January, on the 2nd and 4th Mondays of each month.



- The Art of Movement is a new 8-week program for ages 7-12 years will begin Jan. 11th and will occur every Thursday @ 4:20PM.
- Parent & Me Creative Movement, also a new 8-week program, will begin Jan. 12th and will occur every Friday @ 9AM.
- Move It Community Jams will also start back up in January! First one of the New Year will be Jan. 19th!
- Stevie Burchell will be coming to the Recreation Center Friday, Jan. 26th to teach a FREE Self Defense class. Class will be held 6-7:30PM.

