



PROCLAMATION



WHEREAS, parks and recreation is an integral part of communities throughout this country, including City of Bastrop; and

WHEREAS, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, July 19th has been designated as Park and Recreation Professionals Day to celebrate all the dedicated professionals who keep our parks clean, safe, welcoming, inclusive and ready to use.

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month; and

WHEREAS, City of Bastrop recognizes the benefits derived from parks and recreation resources.

NOW THEREFORE, I, Sylvia Carrillo-Trevino, City Manager, do hereby recognize July,

2024 as:

NATIONAL PARKS AND RECREATION MONTH

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Official Seal of the City of Bastrop, TX to be affixed this 25th day of June, 2024.

Sylvia Carrillo-Trevino, City Manager

