

PROCLAMATION

MENTAL HEALTH AWARENESS MONTH – MAY 2025

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, mental health conditions are common and treatable, and the stigma associated with them can prevent individuals from seeking help; and

WHEREAS, the COVID-19 pandemic has highlighted the importance of mental health care and the need for accessible mental health resources; and

WHEREAS, approximately one in five adults in the United States experience mental illness each year, and many of them live right here in our community; and

WHEREAS, early identification and treatment can make a significant difference in successful management of mental health conditions, yet fewer than half of people with mental health issues receive needed services; and

WHEREAS, each business, school, government agency, healthcare provider, and citizen in Bandera, Texas has a responsibility to promote mental wellness and support those who face mental health challenges; and

WHEREAS, during Mental Health Awareness Month, we reaffirm our commitment to raising awareness about mental health, supporting mental wellness, and reducing the stigma around mental health challenges;

NOW, THEREFORE, I, Denise Griffin, Mayor of the City of Bandera, Texas, do hereby proclaim May 2025 as **Mental Health Awareness Month** in Bandera, Texas, and encourage all citizens, businesses, and organizations to take part in raising awareness and ensuring that our community is a place of support, inclusion, and mental well-being for all.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Bandera to be affixed this [Day] of [Month], 2025.

Signature of:

Denise Griffin, Mayor



Attest:

Jill Shelton, City Secretary