



## **Program: Coaching Boys into Men**

**Purpose: To build healthy relationship skills for youth  
\$5,000 per site with 15 total sites across the state**

### **What's needed from sites/recreation agencies:**

- Attend 1 training and complete pre-survey (3 hours)
- Submit schedule for when you're going to hold sessions
- Hold 12 sessions for youth (about 15 min each)
- Make sure youth complete 1 pre-survey before the sessions start (about 10 minutes)
- Make sure youth complete 1 post-survey after the sessions end (about 10 minutes)
- Participate in 3 check-in calls with DPH/GNESA (about 15 minutes each)
- Host 1 "half-time" or "fan day" activity, which includes spreading messages about what participants have learned (Time commitment varies by activity. Some past activities have included creating and displaying posters, making announcements during games, posting on social media, and sharing a story with local media)

### **What GNESA/DPH will provide:**

- Training
- Assistance with any questions you have along the way
- Links for all pre and post surveys
- \$5,000 in funding for sites that submit schedules, surveys, and documentation to show they completed the halftime/fan day activity
- This is funded through Cooperative Agreement NUF2CE002479 from the Centers for Disease Control and Prevention

### **Frequently Asked Questions:**

#### ***What's the minimum age for youth to participate?***

We recommend high-school aged youth.

#### ***How many youth need to participate to receive funding?***

We ask that a minimum of 5 youth participate throughout the sessions.

#### ***Is the program only for sports teams?***

The program was designed for sports teams and uses language like "coach" and "athlete". However, if you have a group of youth that have a strong purpose and a clear leader or mentor, the program can be used outside of sports teams.

#### ***Does it have to be the same group of youth for all 12 sessions?***

We recommend that you have the same group of youth for all 12 sessions. The sessions build upon each other and reiterate messages from previous sessions along the way.

#### ***Can female athletes participate?***

Yes, absolutely. The content of "Coaching Boys into Men" is geared toward males but lessons are applicable to all. If you have a group of females, you might want to consider using the "Athletes as Leaders" program instead of "Coaching Boys into Men". We can provide training and assistance

**Please register by March 21 by contacting: Sarah Wilkinson at [sarah.wilkinson@dph.ga.gov](mailto:sarah.wilkinson@dph.ga.gov) or 404-406-3210**

### **Training information:**

#### ***March 22 Training, 9am to 12pm***

Join on your computer or mobile app

Click here to join the meeting

Or call in (audio only)

+1 470-344-9228,,720656555# United States, Atlanta

Phone Conference ID: 720 656 555#