

# Senior Center Social Outings Guidelines

Blythe Senior Center  
Carrie J. Mays Senior Center  
Henry H. Brigham Senior Center  
McBean Senior Center  
McDuffie Woods Senior Center  
Sand Hills Senior Center



## **PURPOSE OF THE SENIOR CENTERS/LEISURE SITES**

The Senior Centers/Leisure Sites were established to provide services to seniors in their communities. Most are multi-purpose facilities offering meals, educational programs such as Health and Wellness and activities to seniors and the community. The programs, projects, and activities are designed to help meet individual and community needs and contribute to the welfare of senior citizens.

## **ADDITIONAL FUNDING**

An additional one-time Fiscal Year 2024 funding appropriation of \$30,000, distributed equally among the six Senior Nutrition Sites, would cover the cost for registered seniors within our programs to attend educational, and cultural field trips, to include but not limited to, arts, movies, museums, and plays. Funds will be managed by the Community Center Managers at each nutrition site.

## **SENIOR ELIGIBILITY REQUIREMENTS**

- To be eligible for the Senior Nutrition Program, seniors must be
  - Age 60 or older.
  - The spouse of an eligible person 60 or older.
  - An individual with a disability who resides in a non-institutional household and accompanies an eligible person for the program.
  - Be able to function on the premises without supervision and without one-on-one assistance. Those needing assistance must be accompanied by a responsible person who will provide the assistance/supervision needed.
- All seniors wanting to participate in a senior outing must sign up via an activity sign in sheet at their registered senior site.
- Currently, there are approximately 200 registered seniors in the Senior Nutrition Program.

Augusta Parks and Recreation Social  
Outings Guidelines

**SAMPLE ACTIVITY SIGN IN SHEET**

ACTIVITY:	
DATE:	
1.	2.
3.	4.
5.	6.
7.	8.
9.	10.
11.	12.
13.	14.
15.	16.
17.	18.
19.	20.
21.	22.
23.	24.
25.	26.
27.	28.
29.	30.