



"The Peak of Good Living"

TOWN OF APEX NORTH CAROLINA

Proclamation

National Senior Center Month 2026

from the Office of the Mayor

WHEREAS, National Senior Center Month, observed each September, is a time to recognize and celebrate the vital role senior centers play in strengthening communities by providing opportunities for older adults to remain active, engaged, connected, and independent; and,

WHEREAS, The Apex Senior Center, serving adults age 55 and older, provides a vibrant and inclusive community where residents can participate in a diverse array of fitness, wellness, arts, educational, social, recreational, and travel opportunities designed to support active and fulfilling lives; and,

WHEREAS, The Apex Senior Center exemplifies the evolving role of senior centers as vibrant community hubs where older adults are not defined by age or stereotypes, but are empowered to remain active, pursue new experiences, forge friendships, share their knowledge and talents, and continue to thrive; and,

WHEREAS, In recent years, the Apex Senior Center has experienced tremendous growth, with a 229% increase in monthly visits and a 92% increase in annual program registrations from 2022 to 2025; and,

WHEREAS, The Town of Apex is proud to have a state-of-the-art Senior Center for our seniors to utilize and is grateful to all of our staff members whose dedicated work ensures it can be used to the fullest extent possible.

NOW, THEREFORE, I, Jacques K. Gilbert, Mayor of Apex, North Carolina, do hereby proclaim the Month of September 2026 "National Senior Center Month" in the Town of Apex, and encourage all Apex adults age 55 and over to visit our Senior Center to see all of the things it can offer to you.