"The Peak of Good Living"

TOWN OF APEX DRAFT
NORTH CAROLINA

Proclamation

National Family Caregivers Appreciation Month 2026

from the Office of the Mayor

WHEREAS, Each November, the Town of Apex joins communities nationwide in recognizing and honoring family caregivers who provide essential care and support to aging parents, spouses, children, and other loved ones, helping them maintain their independence, dignity, and quality of life; and,

WHEREAS, Family caregivers in Apex are among millions of Americans who devote significant time, energy, and personal resources to caring for their loved ones, serving as an essential part of North Carolina's long-term care system; and,

WHEREAS, Caregiving responsibilities often extend beyond daily household tasks to include managing medical needs, coordinating appointments, providing transportation, overseeing finances, and assisting with personal care, requiring considerable dedication, patience, and compassion; and,

WHEREAS, Family caregivers frequently balance these responsibilities with employment, family obligations, and personal needs, often facing emotional, physical, and financial challenges while ensuring the well-being of those entrusted to their care; and,

WHEREAS, the Town of Apex recognizes the invaluable contributions of family caregivers throughout our community and encourages greater awareness, appreciation, and access to resources and support services that help sustain them in their vital roles.

NOW, THEREFORE, I, Jacques K. Gilbert, Mayor of Apex, North Carolina, do hereby proclaim the Month of November 2026, "National Family Caregivers Month", in the Town of Apex and encourage all residents to recognize, appreciate, and support family caregivers for their selfless dedication and the meaningful difference they make in the lives of others.

I hereby set my hand and have caused the Seal of the Town of Apex, North Carolina, to be affixed this the 10th day of November, 2026

Jacques Gilbert, Mayor