



Behavioral Health Update

Town of Apex

April 12, 2022

Our community needs us to be at our best more than ever!



WakeMed

Exceptional People. Exceptional Care.

Strategic Plan



PATIENT & FAMILY

Mission

To improve the health and well-being of our community with outstanding and compassionate care to all

Vision

To be the preferred partner for quality care and health through collaboration and transformation of care delivery

Values

Foster trust and transparency * Quality experiences
Financial stewardship * Leadership in safety, innovation and education
Empower & partner with health care team * Partner with others who value our culture

ASPIRATIONAL GOALS

VALUE LEADER



Quality
Cost

QUALITY



Top 10 in US

CULTURE OF SAFETY



For patients, families, community & health care team

EXTRAORDINARY TEAM



Recruit, retain and develop

HEALTHY COMMUNITY



Healthiest capital county in US

WAKE WAY



Every-time behaviors

INNOVATION



Transformation of care and health improvement

PREFERRED PARTNER



With physicians and others for best value

FINANCIAL HEALTH



HIGHEST ETHICS & STANDARDS



In all we do

THE WAKE WAY TO EXCELLENCE

Mental Health Truths



The current system is broken/fragmented and has been for quite some time.

The impact to mental well-being following a traumatic event is delayed.

Those experiencing crisis have very few paths for care – hospital emergency departments are not the right place for care.

Mental illness affects all of us.

County, state and federal support has not and will not meet the demand of a growing County.

The current crisis is not a medical issue – it's a societal issue.

WakeMed and the healthcare community can't meet the needs alone.

The economic impact of doing nothing is far more costly than an upfront investment in care.

When There Are Gaps in the System



City/Town	Patients	City/Town Population	% Population	Total ED Visits	Patients with a BH Encounter	Behavioral Health ED Visits for		
						Any BH Condition	Suicidal/Homicidal Ideations	Overdoses
Apex	9,420	58,780	16.0%	13,220	391	538	101	31
Cary	14,015	171,012	8.2%	19,992	754	922	219	56
Fuquay Varina	6,572	34,152	19.2%	9,754	312	386	93	19
Garner	9,014	31,159	28.9%	14,911	360	453	115	30
Holly Springs	4,257	41,239	10.3%	5,989	214	275	66	19
Knightdale	4,693	19,435	24.1%	7,255	218	285	71	14
Morrisville	2,622	29,423	8.9%	3,696	115	148	37	6
Raleigh	66,210	466,106	14.2%	111,696	4,123	6,192	1,672	340
Rolesville	963	9,475	10.2%	1,357	49	56	10	1
Wake Forest	8,528	46,097	18.5%	12,387	419	562	140	36
Wendell	3,452	9,793	35.2%	5,352	184	225	49	27
Zebulon	4,273	6,903	61.9%	6,778	242	307	74	16
TOTAL	134,019	923,574	14.5%	212,387	7,381	10,349	2,647	595

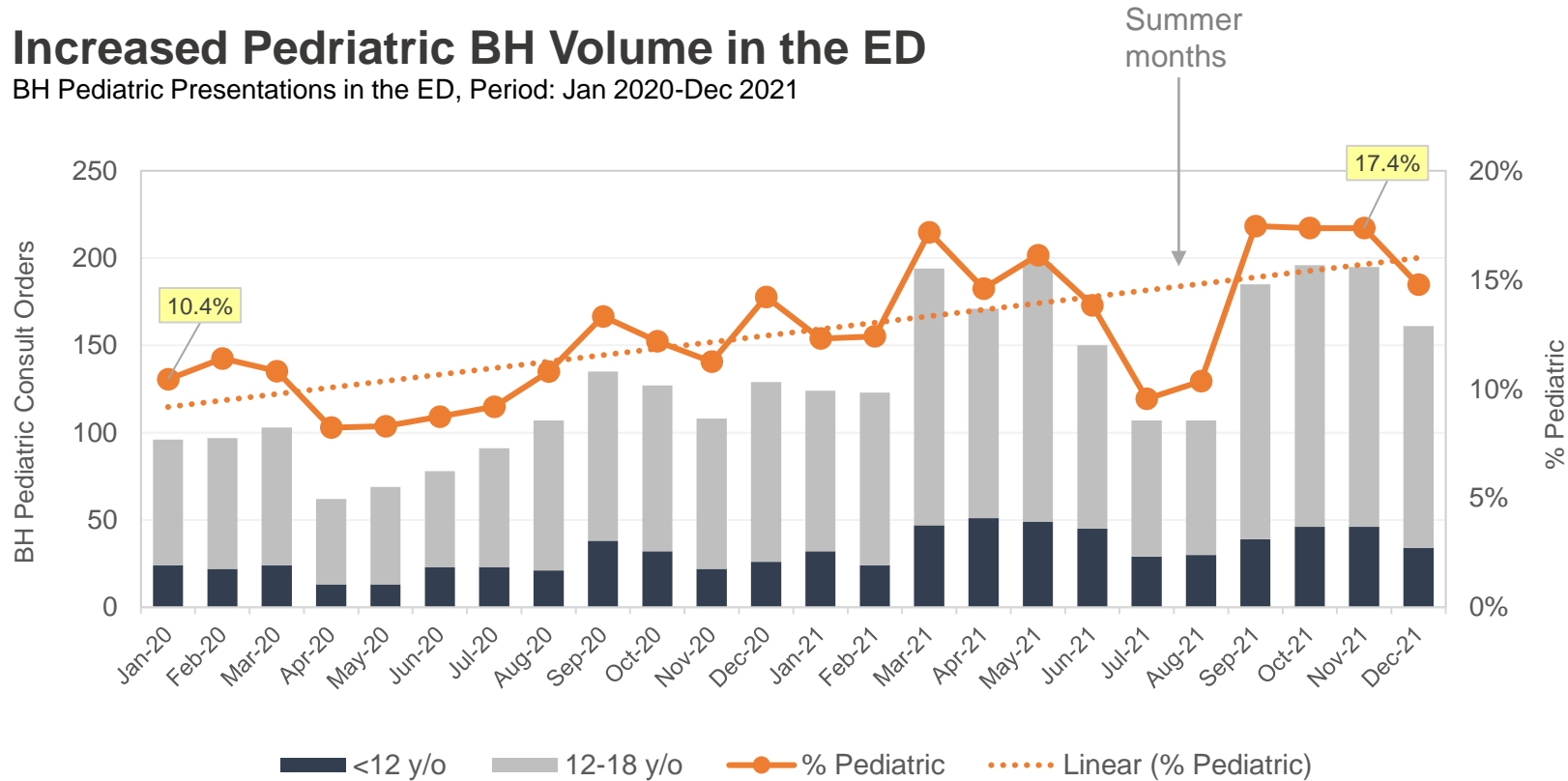
Acuity is also increasing. Higher rates of patients presenting with an overdose (68%) or because of suicidal/homicidal ideations or attempts (28%)

Gaps Widened by a Pandemic

The behavioral health toll in children/adolescents during the COVID-19 pandemic has been particularly high, with +66% increase in ED presentations for this age group.

Increased Pediatric BH Volume in the ED

BH Pediatric Presentations in the ED, Period: Jan 2020-Dec 2021



>155

Avg. number of children/month from Wake County presenting in the ED because of a BH/SU condition during the last quarter of 2021

Behavioral Health (BH) Patient's Journey



(Emergency Department Arrival)

Ambulance/EMS



50%-60%

Personal Vehicle



12%-15%

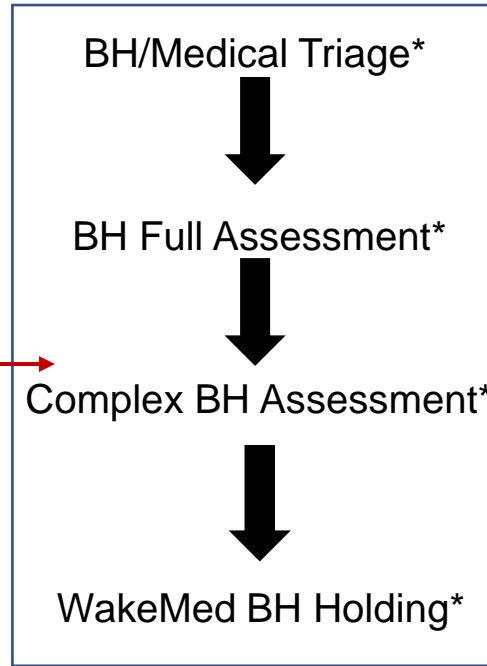
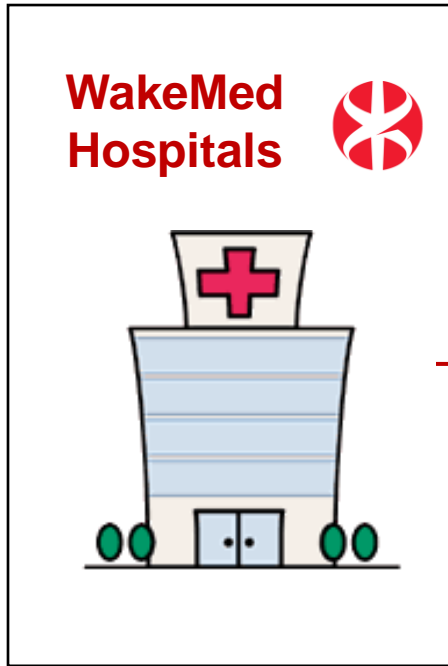
Police



5%-7%

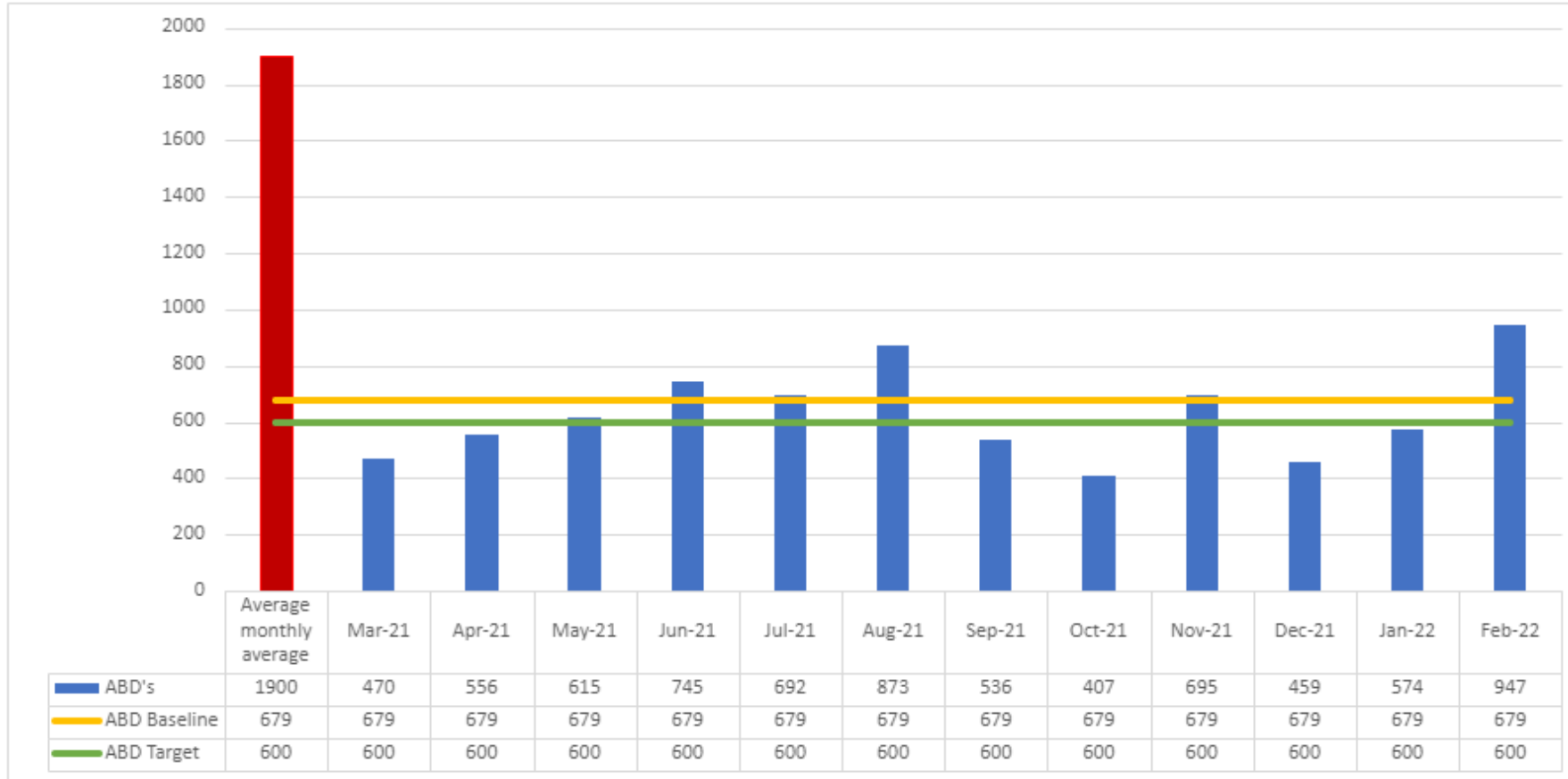
**Other
(Bus/Unknown)**

18%-33%



*At any point in the patients WakeMed journey they can be referred to the resources of the WakeMed Behavioral Health Network (WMBHN)

Getting to the Right Treatment More Quickly



26.8%
Reduction in the 30-day all cause Readmission Rate for WakeMed's Behavioral Health patients

71% increase in getting patients to the treatment they need and deserve!

Our Key Next Steps



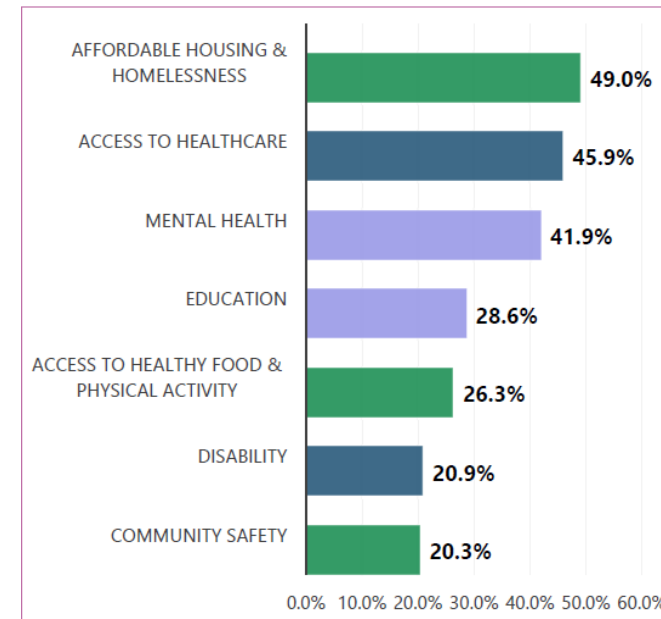
1. Continue to grow the WakeMed Behavioral Health Network in order to meet the needs of the community.
2. Enhance our technology platform that supports and connects the WMBHN members.
3. Evaluate adding more human capital to the WMBHN.
4. Conduct community-wide benefit study on the impacts of our collective efforts completed by a neutral third party. Could open the door to potential outside funding options (federal/state grants, philanthropic organizations, gifts/grants, etc.)
5. Evaluate developing a new Behavioral Health Hospital that would deliver high quality compassionate care to all.

Why We Need Municipalities for Help



- Your residents are telling you and us, it's important.
- Local municipalities can invest one-time ARPA funds in mental health services, with local non-profits.
- Investing ARPA funds is a visible commitment to a community culture reducing stigma and emphasizing the importance of getting care.
- Wake municipalities have a track record of acting beyond mandated services when the issue is a community priority.
- Our current mental health system can't be transformed solely through the health care environment. We must also address the social determinants of behavioral health – many of which are in the scope of local government services.

Overall Votes



GILLINGS SCHOOL OF GLOBAL PUBLIC HEALTH
North Carolina Institute for Public Health

How Your Investment Would be Used

- Expanding the outpatient network to add more services, more providers – more patients can be seen, stabilized and on the way to healing.
- Expand technology platform capabilities of the WMBHN in order to provide even greater and more timely access to the care they need and deserve.
- Provides budget flexibility to allow WakeMed to make the large capital investment in a new inpatient psychiatric hospital.



\$1,735,000 or 10% of your total ARPA Funds



Questions