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for consideration by the Apex Town Council

Item Type: CONSENT AGENDA

Meeting Date: March 10, 2026

Item Details

Presenter(s): Timothy Herman, Fire Chief

Department(s): Fire

Requested Motion

Motion to ratify an oral agreement between the Town of Apex and Warrior Physical Therapy and Performance, for six (6) physical therapy and injury prevention workshops provided to fire personnel as well as two (2) instructional videos created for the Department's exercise video library.

Approval Recommended?

Yes

Item Details

A purchase order for services provided by Warrior Physical Therapy and Performance was created in December 2025, however, it was not realized at that time that a contract also needed to be created and executed. When learned of the necessity of the contract on January 21, 2026, the services had already been provided.

In January of 2026, two exercise videos were created for fire personnel at a cost of $175/each and 6 physical therapy and injury prevention workshops were provided for the various shifts at a rate of $350/each for a total of $2,450 owed to Warrior Physical Therapy and Performance LLC.

A contract with Warrior Physical Therapy has now been created and executed for services to be performed for the remainder of this fiscal year.

Attachments

- CN7-A1: Standard Services Agreement - Warrior Physical Therapy and Performance – Injury Prevention Workshops
- CN7-A2: Invoice 1005- Warrior Physical Therapy and Performance – Injury Prevention Workshops
- CN7-A3: Purchase Order - Warrior Physical Therapy and Performance – Injury Prevention Workshops
- CN7-A4: Invoice 1004 - Warrior Physical Therapy and Performance – Injury Prevention Workshops

APEX 1873 NORTH CAROLINA