

| Agenda Item | cover sheet

for consideration by the Apex Town Council

Item Type: CONSENT AGENDA

Meeting Date: August 11, 2026

Item Details

Presenter(s): Trevor Materasso, Deputy Chief

Department(s): Police

Requested Motion

Motion to approve Amendment No. 1 to the Teladoc Health Services Agreement between Teladoc Health, LLC and the Town of Apex, to extend the term of the agreement for telehealth and BetterHelp online therapy services for Apex Police Department's Wellness Program, effective until June 30, 2029, and to authorize the Town Manager, or their designee, to execute on behalf of the Town.

Approval Recommended?

Yes

Item Details

The Apex Police Department is requesting approval of Amendment No. 1 to the existing Teladoc Health Services Agreement with Teladoc Health, Inc. The amendment extends the term of the agreement for the police department's employee telehealth and online therapy services.

The original agreement became effective on October 1, 2025, with an initial term ending June 30, 2026. The amendment extends the agreement through June 30, 2029, allowing the Town to continue providing eligible employees with access to telehealth and BetterHelp online therapy services under the existing agreement. All other terms and conditions of the agreement remain unchanged.

Attachments

- CN11-A1: Agreement Multi-Year - Teladoc Health - Agreement for telehealth and online health coaching services for Apex PD
- CN11-A2: CONT-2025-422 - Teladoc Health - Agreement for telehealth and online health coaching services for Apex PD

