PROCLAMATION

From the Office of the Mayor



Food Insecurity Awareness Month 2019

WHEREAS, nationally, one in six older adults faces the threat of hunger and one in seven children lives with hunger; and

WHEREAS, 33% of older adults admitted to the hospital may be malnourished; and

WHEREAS, malnutrition can increase healthcare costs by 300%; and

WHEREAS, almost 604,000 North Carolina households don't have enough to eat; and

WHEREAS, North Carolina is the tenth hungriest state in the nation; and

WHEREAS, almost one in five children which is 24.6% in North Carolina faces hunger on a regular basis; and

WHEREAS, good nutrition is critical in the first years of life, and childhood food insecurity can lead to developmental, health, and behavioral problems, as well as make it more difficult to concentrate and do well in school;

NOW, THEREFORE, I, LANCE OLIVE, MAYOR OF THE TOWN OF APEX, do hereby proclaim November 2019 to be FOOD INSECURITY AWARENESS MONTH in the Town of Apex and encourage all citizens to donate food items to those agencies in our Town that are combatting food insecurity by serving this overlooked population.

> IN WITNESS THEREOF, I have hereunto set my hand and caused the Seal of the Town of Apex, North Carolina to be affixed this the 15th day of October 2019

> > Lance Olive, Mayor