

2023 STRATEGIC PLAN
City of Angleton Senior Commission

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.			
COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
1. Housing	A. Cost of Housing B. Need of Senior Communities C. Housing Amenities for Seniors	Educate and gather resources of existing services. Gather information from Development Services Department regarding Planning and Zoning housing issues and educate the seniors. Allow Senior Citizen Commission to give information and feedback to city council and planning and zoning. Work with Development Services Department on ADA guidelines, housing amenities, concerns, and future communities.	12/4 Recreation Specialist is in communication with Developemnt Services to have a representative from the department do Lunch & Learn on the new developments. Plan could include a bus tour around Angleton to see the new subdivisions, take a home tour, and give status updates on all things housing.
2. Transportation	A. Continue to educate the public on BC Connects & ActionS services B. Community Transportation Campaign	Educate the public on the BC Connect routes and ActionS existing services. Create a campaign to get information out to seniors regarding community transportation services.	12/4 Due to the Recreation Specialist obtaining her CDL, Lunch Bunch is now offered on a monthly basis.
3. Healthcare	A. Continue to provide education on Medicare and local services B. Health Assessments	Continue to provide education to seniors on Medicare and local services. Continue Coffee Chats that share information about local senior services. Continue partnership with Walgreens for flu shots. Work with ActionS and local partners to provide free or minimal health assessments through the Angleton Rec Center.	12/4 Kroger provided vaccines on Oct. 12. There were 11 participants. Lunch & Learn will host C.A.R. E.S from the Brazoria County Sheriff's Dept. on Jan. 25 to discuss how the Sheriff's Dept. is bridging the gap between first responders and individuals with disabilities, for when an emergency arises.
4. Legislative	A. Get to know State Representatives B. Get to know local elected and non-elected officials	Invite State Representatives to provide information about senior related legislation. Invite local elected and non-elected officials to provide community updates.	12/4 Mayor John Wright will be the guest speaker for Lunch & Learn on Thursday, Dec. 7. There are currently 18 participants registered. The Angleton City Manager is a scheduled guest for Lunch & Learn on May 16.
5. Recreation	A. Participation Opportunities B. Programming C. Fitness Opportunities	Increase advertising of Angleton Recreation Center senior programs and opportunities. Consider current programs and work to continue to increase low impact activity offerings and outdoor activities. Maintain low-impact group fitness opportunities.	12/4 Walk with Ease took place Sept. 11 - Oct. 20 with 20 participants. The next session will be held Jan 29 - Mar. 8. The annual Silver Hearts Christmas Party will take place on Dec 13 with live music, lunch, and the Brazoria County Sheriff's Dept. on schedule to attend. Feb 13, Silver Hearts Tuesday will be shared with the Valentines Social. On Dec. 19, the seniors will be visiting The Sugar Land Holiday Lights at Constellation Field, with dinner beforehand. The trip currently has 41 in attendance and will utilize both Parks & Rec buses. Feb 1 Lunch & Learn will cover <i>Weight Room Education</i> with Asst. Director of Parks & Recreation. April 4, Lunch & Learn will take a trip to Brazos Bend State Park for a 1/2 mile, guided nature walk with Texas Parks & Wildlife & Angleton Parks & Rec staff. Participants will be educated on the park's ecosystem while also getting some outdoor exposure. Lunch will be held afterward in the park's picnic area. Next quarter program will cover...

City of Angleton Senior Commission

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.

COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
6. Quality of Life	A. Fellowship Opportunities B. Community Outreach C. Community Needs	Educate and inform the community on Angleton Recreation Center senior programs and services. Partner with local senior service groups, such as ActionS, to spread information about senior services. Provide local senior feedback to city council and boards on community needs.	12/4 On March 28, the Lunch & Learn topic will be <i>Eating on a Budget</i> presented by Texas A&M AgriLife. A new method of communication with senior participants has been implemented through TextMyGov. This process allows seniors to opt-in to the Silver Hearts distribution group to receive program updates and reminders. There are currently 29 on the opt-in list. The Silver Hearts Newsletter is still occurring on a monthly basis with 33 individuals on the mailout list, and 43 on the email list.