

2023 STRATEGIC PLAN
City of Angleton Senior Commission

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.			
COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
1. Housing	A. Cost of Housing B. Need of Senior Communities C. Housing Amenities for Seniors	Educate and gather resources of existing services. Gather information from Development Services Department regarding Planning and Zoning housing issues and educate the seniors. Allow Senior Citizen Commission to give information and feedback to city council and planning and zoning. Work with Development Services Department on ADA guidelines, housing amenities, concerns, and future communities.	6/5 No updates at this time.
2. Transportation	A. Continue to educate the public on BC Connects & ActionS services B. Community Transportation Campaign	Educate the public on the BC Connect routes and ActionS existing services. Create a campaign to get information out to seniors regarding community transportation services.	6/5 Recreation Specialist obtained a Commercial Drivers License. This will allow for an increase in activities offered.
3. Healthcare	A. Continue to provide education on Medicare and local services B. Health Assessments	Continue to provide education to seniors on Medicare and local services. Continue Coffee Chats that share information about local senior services. Continue partnership with Walgreens for flu shots. Work with ActionS and local partners to provide free or minimal health assessments through the Angleton Rec Center.	6/5 Recreation has redeveloped the Coffee Chat program to Lunch & Learn. This is a monthly free luncheon that will touch on a variety of topics, including healthcare. We had a local optometrist visit in May to discuss eye health. June's topic will cover the benefits of essential oils and in August will be diabetes education.
4. Legislative	A. Get to know State Representatives B. Get to know local elected and non-elected officials	Invite State Representatives to provide information about senior related legislation. Invite local elected and non-elected officials to provide community updates.	5/5 Staff is currently working to schedule the new Mayor for a future Lunch & Learn.
5. Recreation	A. Participation Opportunities B. Programming C. Fitness Opportunities	Increase advertising of Angleton Recreation Center senior programs and opportunities. Consider current programs and work to continue to increase low impact activity offerings and outdoor activities. Maintain low-impact group fitness opportunities.	6/5 The senior program schedule has been redesigned and seeing a few new offerings such as a weekly breakfast on Tuesday mornings and a monthly Silver Hearts Club meeting to give the community an opportunity to discuss what they would like to see in senior offerings, such as trip destinations and future program ideas. Registration for trips and lunches for Q4 opened on 6/1. Recent trips have included The Ally Theatre, St. Arnolds Brewing Co, a dolphin tour, as well as an overnight trip. All trips have been either maxed out or close to. The Walk with Ease program began again on 4/3 and had 21 participants. The group walked a total of 142 miles. The program will come back September 11. The annual summer party is scheduled for 7/19 and will be a Sock Hop with lunch, DJ, and games. There will be a baseball watch party event coming up in August.

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6. Quality of Life	A. Fellowship Opportunities B. Community Outreach C. Community Needs	Educate and inform the community on Angleton Recreation Center senior programs and services. Partner with local senior service groups, such as ActionS, to spread information about senior services. Provide local senior feedback to city council and boards on community needs.	5/5 Recreation has redeveloped its senior program monthly schedule to various scheduled offerings throughout the month. In June, Tuesdays will see a scheduled period from 9AM - 12 PM. While ActionS is no longer onsite at the Recreation Center, Recreation still provides information on their new location as well as providing them with monthly newsletters. Recreation was invited by Help, Inc. to attend its National Senior Day event in August. We will be taking a bus load of participants to this event and registration is currently open. Staff publish a monthly senior newsletter with upcoming program and local resource information. Staff currently drop off 165 copies at various locations in the community, mail 30 physical copies and email 30 digital copies.